

WHAT IS A HOME HEALTH AIDE?

A home health aide is a professional who helps elderly or disabled people who are living in their own homes instead of nursing homes or health care facilities. Home health aides may also work with people who are recovering from illnesses, injuries, or surgeries. The key purpose of home health aides is to help people recover or live in a safe, healthy way in their own homes. They help with activities such as bathing and dressing, and they provide services such as light housekeeping.



CONTACT:

For more information call

805.289.6342



VENTURA COLLEGE

School of Nursing and Allied Health

4667 Telegraph Road

Ventura, CA 93003

805.289.6000

www.venturacollege.edu



VENTURA COLLEGE

HOME HEALTH AIDE



SCHOOL OF NURSING &
ALLIED HEALTH

SET YOUR COURSE



ARE YOU INTERESTED IN A CAREER IN HEALTHCARE?

HOME HEALTH AIDE PROGRAM (HHA)

Home Health Aide is an expanded step from the Certified Nursing Assistant (CNA) that can lead to licensed vocational nurse, registered nurse and other professions. Health careers offer challenging experiences and the opportunity to help others.

*Kindness in
giving creates love.
~ Lao Tzu*

PROGRAM APPROVAL

This program has been approved by the California Department of Health Services and prepares the student for certification as a Home Health Aide.

Punctuality and attendance is carefully monitored to ensure that all students complete the state mandated requirements.



DUTIES OF A HOME HEALTH AIDE INCLUDE:

- Monitors patient condition by observing physical and mental condition, intake and output, and exercise
- Supports patients by providing housekeeping and laundry services; shopping for food and other household requirements; preparing and serving meals and snacks; running errands
- Assists patients by providing personal services, such as, bathing, dressing, and grooming
- Helps patients care for themselves by teaching use of cane or walker, special utensils to eat, special techniques and equipment for personal hygiene
- Records patient information by making entries in the patient journal; notifying nursing supervisor of changing or unusual conditions
- Maintains a safe, secure, and healthy patient environment by following infection control standards and procedures; maintaining security precautions; following prescribed dietary requirements and nutrition standards



PREREQUISITES

- Submit application for admission to Ventura College Health Sciences
- Free from criminal convictions (misdemeanors and felonies)
- Communicable disease screening and immunizations
- Physical examination demonstrating general good health
- CPR for healthcare provider or professional rescuer
- Valid original Social Security card
- Current California State Certification as a Certified Nursing Assistant

RECOMMENDED PREPARATION

- English V02 or equivalent
- Basic Mathematics

LENGTH OF PROGRAM

52 hours in a 2-3 week time frame

Most home health aides are men and women who are prepared to give basic care in the home setting. With shorter hospital stays and a growing senior citizen population, the job opportunities are excellent.



ESTIMATED COSTS

Home Health Aide 2 units X \$46/unit	\$ 92.00
Student health fee	\$ 19.00
Textbook	\$ 90.00*
Uniform and shoes	\$100.00*
Parking permit (optional)	\$ 40.00
Immunization tracker	\$ 28.00
Drug and alcohol clearance	\$ 50.00

** If recent CNA student at Ventura College this fee may be waived*
**The same textbook and uniform used in the CNA program*

For financial aid assistance call the financial aid office 805.289.6369 or contact the CalWorks office at 805. 289.6003.